



Prepare to Care

Iowa's Direct Care and Support Curriculum

A State-Recognized Competency-Based Training Designed For Those Who Work In Direct Care/Service

What is Prepare to Care?

Prepare to Care is a state-recognized curriculum that is designed especially for the direct care/service professions. The only thing required before taking any of the advanced training modules or specialties is the 6-hour Core training which can be taken face-to-face or is free online. Check the Iowa CareGivers website (www.iowacaregivers.org) often or contact your local community college to see scheduled Prepare to Care trainings.

To learn more about Prepare to Care visit www.iowapreparetocare.com. If you are interested in the online Core training you can learn more and register at <https://directcare.training-source.org/>

Who Can Take Prepare to Care?

- » Those already working in direct care or service positions in the homes of individuals served, community-based settings, nursing homes, assisted living, adult day services, hospitals, hospices, and other locations.
- » Those interested in returning to the field of direct care/service.
- » Those exploring a career in the health or long term care/service fields.
- » Family caregivers.

Prepare to Care "CORE" is Key! Core is the place to start.

- » Core is only 6 hours and can be taken face-to-face in classes offered by Iowa CareGivers and community colleges or online at one's own pace at no cost.
- » Core provides new content and a review for those who have been in the field for a number of years.
- » Core is a good introduction to the profession for those interested in the field.
- » Those who complete Core receive a state-issued certificate.
- » Completing Core makes one eligible to take advanced training modules and/or the first specialty in the area of oral health.



Prepare to Care
••• Mouth Care Matters •••
Oral Health Education for Direct Care Professionals

To learn more about the *Mouth Care Matters* oral health care specialty training for those in direct care, please contact Pam Biklen at 515-729-9729 or pam.biklen@iowacaregivers.org, or Mary Ann Young at 515-360-7003 or maryann@iowacaregivers.org.

Is There a Cost to Taking the Prepare to Care Training?

- » There is no cost for the classes offered through Iowa CareGivers and made possible by the Iowa Department of Public Health.
- » Community colleges may charge a modest fee for Prepare to Care Core and other modules.
- » There is no cost for Core online training.



For more information contact IDPH:

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