

HEALTHY MOUTH = HEALTHY LIFE

Join us for a One-Hour Oral Health In-service on March 19, 2020

- Can a toothbrush really save your life? Come and learn more!
- Learn about the importance of oral health and the oral systemic connection
- Gain more knowledge about common oral health conditions and diseases
- Can poor nutrition impact my oral health? Need to learn more?
- Learn examples of normal vs. abnormal conditions in the mouth
- Learn examples of skills to deliver oral care in challenging situations
- Recognize the importance of all disciplines communicating and collaborating to deliver good oral care

AUDIENCE:

Anyone can attend, including: Home Care Aide, Certified Nurse Aide, Hospice Aide, Licensed Nurse, Dietitian, Social Worker, Case Manager, Supervisor, Administrator, Paramedics, EMT, Therapists (physical, occupational, speech, respiratory, etc.)

LOCATION: Cherokee Regional Medical Center - Conference Room
300 Sioux Valley Drive
Cherokee, IA 51012

DATE: *Thursday, March 19, 2020*

TIME: *Choose One: Noon to 1:00 p.m. — or — 4:30 to 5:30 p.m.*

INSTRUCTOR:

Presented by Carol Van Aernam, BA, RDH, Certified Mouth Care Matters Instructor

Contact Hours for Licensed Nurses:

One (1) Contact Hour of education is offered for live attendance to nursing. IBON Provider # 226. Full attendance is required.

CE credit will be available to EMS through WITCC

FEE: There is NO charge for attending this in-service.

For more information, contact:

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Cherokee Regional Medical Center
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Mouth Care Matters (MCM) was originally designed for home care, hospice, and nurse aides; personal assistants; patient care technicians; and direct support professionals. Due to interest from nurses and other disciplines, MCM has been modified and is suitable for nurses and other health care professionals. Taught by dental hygienists who are certified instructors, the program offers practical hands-on skills on how to provide the best oral care possible for Iowans of all ages and abilities. One of the greatest take-aways by participants is "a greater understanding about the link between a healthy mouth and one's overall health and well-being."

